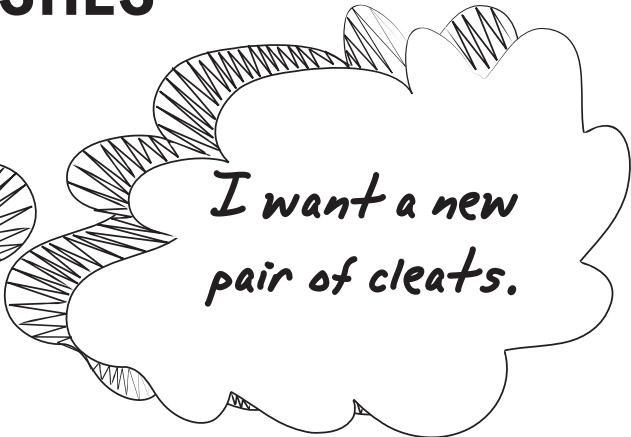
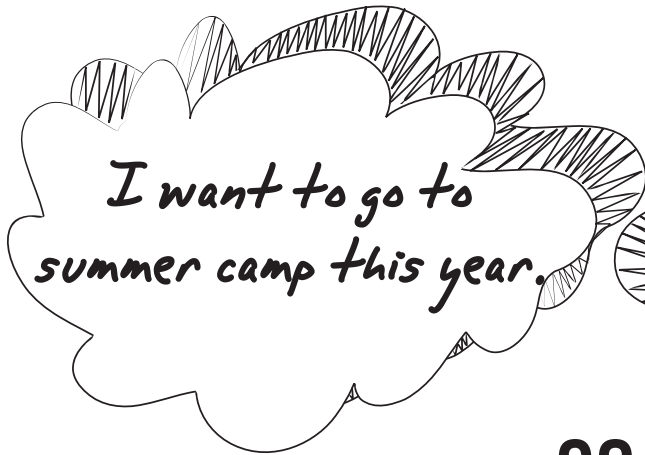


Name _____

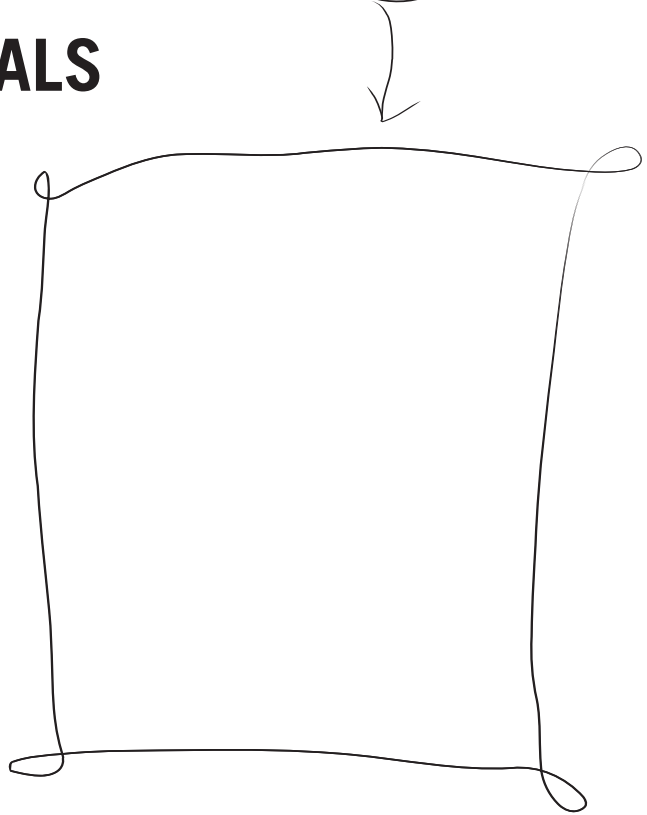
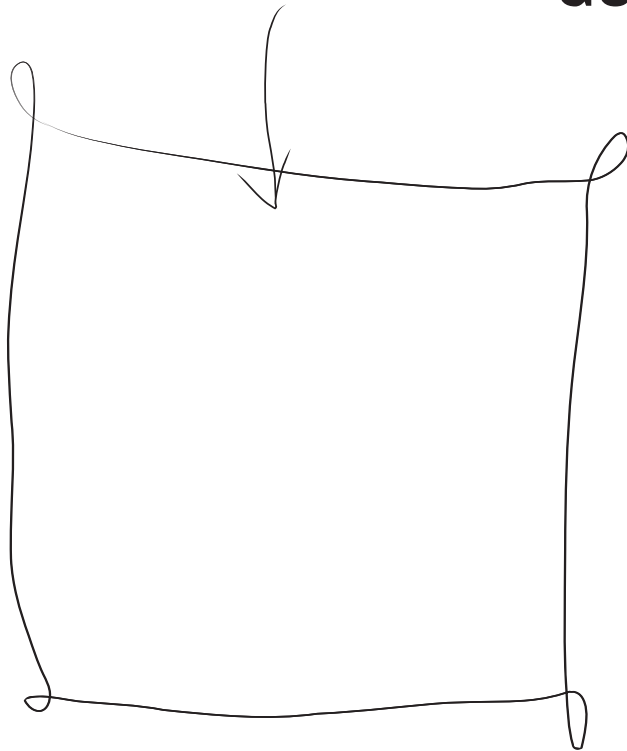
Make a Wish, Get Your Goal

Directions: Rewrite the following wishes to make them specific goals.

WISHES



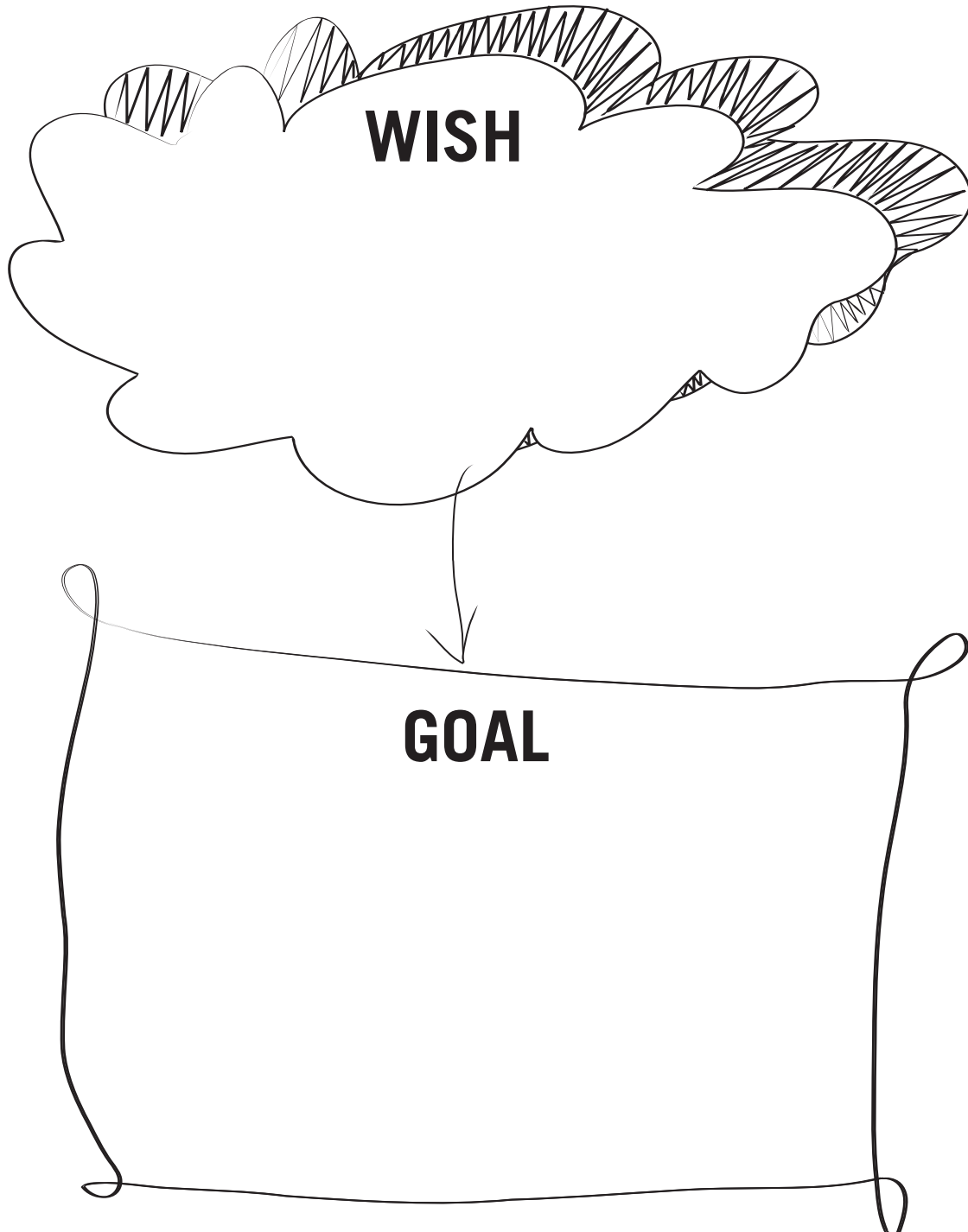
GOALS



Name _____

Make a Wish, Get Your Goal

Directions: Write a wish you have and then a goal statement to help you achieve it.



Make a Wish, Get Your Goal ANSWER KEY

Sample answers shown. Student responses will vary.

WISHES

*I want to go to
summer camp this year.*

*I want a new
pair of cleats.*

GOALS

I'll save all of my babysitting money for the next 3 months to pay for 2 weeks of art camp at the local college. I'll take my money every week to the bank and deposit it into my savings account.

I'll save half the money I make mowing lawns and pulling weeds for my neighbors this summer so I can buy a new pair of cleats before football practice starts.

MAKE A WISH, GET YOUR GOAL

Lesson Information

Overview

In this lesson, students learn the importance of setting goals. The difference between general and specific goals is discussed and students practice making goals more specific. Through the lesson, students learn that specific goals are more likely to be achieved than general ones.

Objectives

Students will be able to:

- Differentiate between imprecise and specific goals.
- Explain the elements that make a goal specific.

Vocabulary

Goal Setting

Suggested Extension Activities

1. Have students write a letter to themselves, encouraging themselves to reach their goal. Hold onto the letters for several weeks and then give them back to the students. Have students write whether they are on track for their goal.
2. Have students write and perform a skit about two friends that both want the same thing. In the skit, one friend wishes while the other sets a goal.